

**Nutrisle**  
**www.nutrisle.com**  
**(„Website”)**  
**Privacy Policy**

**Dear User!**

We are committed to protecting your privacy and want you to feel comfortable while using our services. This is why we would like to present you with the most important information on principles regarding the processing of your personal data and cookies used by our Website. This information was prepared in compliance with the GDPR - the General Data Protection Regulation.

**PERSONAL DATA CONTROLLER**

Adam Więckowski, an entrepreneur conducting a business activity under the business name Nutrisle Adam Więckowski, entered into the Central Register and Information on Business Activity conducted by the minister competent for economy and maintaining the Central Register and Information on Business Activity, European Union VAT Identification Number PL5272392465, REGON no. 147296127, ul. Kopalniana 20B/42, 01-321 Warszawa, Poland.

If you want to contact us in relation to the processing of your personal data, please send an e-mail to: [info@nutrisle.com](mailto:info@nutrisle.com).

**YOUR RIGHTS**

You have the right to:

- access your personal data, including the right to receive a copy of your data (Article 15 of the GDPR or - if applicable - Article 13 (1) (f) of the GDPR),
- correct them (Article 16 of the GDPR),
- delete them (Article 17 of the GDPR),
- limit their processing (Article 18 of the GDPR),
- transfer data to another controller (Article 20 of the GDPR).

Furthermore, you have the right to:

- object to the processing of your data at any time:
  - for reasons related to your particular situation - regarding the processing of your personal data in accordance with Article 6 (1) (f) of the GDPR (i.e. based on the legally justified interests realised by us), (Article 21 (1) of the GDPR);

Please contact us if you want to exercise your rights. Your objection to our use of cookies (about which you can read below) can be expressed, in particular, through the appropriate browser settings.

If you think that your data are processed unlawfully, you can submit a complaint to the President of the Personal Data Protection Office.

## PERSONAL DATA AND PRIVACY

You will find detailed information on the processing of your data depending on your activities in the table below.

### 1. Using free-of-charge services offered on the Website

<b>What for?</b>
performance of the contract for the provision of services within the Website
<b>On what basis?</b>
contract for the provision of services (Article 6 (1) (b) of the GDPR)
<b>For how long?</b>
for the duration of the contract
furthermore, your data will be processed until the expiry of the period during which redressing is possible – by you or us (more information on this subject can be found in the last table of this section)
<b>What happens if you do not provide your data?</b>
you will not be able to use our services

### 2. Contacting us (e.g. making an inquiry)

<b>What for?</b>	
processing of your inquiries or submissions	
<b>On what basis?</b>	
contract or actions taken at your request to conclude it (Article 6 (1) (b) of the GDPR) – if your inquiry or notification concerns a contract that we are or may be a party to	our legitimate interest in processing your data is to communicate with you (Article 6 (1) (f) of the GDPR) – if your inquiry or notification is not related to the contract
<b>For how long?</b>	
for the duration of the contract binding us or - if the contract is not concluded - until the expiry of the redress period – see the last table in this section*	until the expiry of the redress period – see the last table in this section - or until we accept your objection to the processing *
furthermore, your data will be processed until the expiry of the period during which redressing is possible – by you or us (more information on this subject can be found in the last table of this section)	
<b>What happens if you do not provide your data?</b>	
we will not be able to respond to your inquiry or application	

\* depending on whichever is applicable in that case and whichever takes place sooner.

### 3. Browser settings and other similar activity allowing for analytical activities

<b>What for?</b>
analysis of how you use and navigate the Website, to adapt it to the needs and behaviour of Users (for more information on that topic, read the "Analytical Activities" and "Cookies" sections of the Privacy Policy)
<b>On what basis?</b>
our legitimate interest consisting in the processing of data for the purposes mentioned above (Article 6 (1) (f) of the GDPR)
<b>For how long?</b>
until you delete the cookies used for analytical purposes or until their validity expires*
<b>What happens if you do not provide your data?</b>
we will not take your preferences regarding the use of the Website Website into consideration when developing it further

\* depending on whichever is applicable in that case and whichever takes place sooner.

### 4. Taking action or refraining from taking action which may result in claims related to the Website or our services

<b>What for?</b>
determination, investigation or defence of claims related to the concluded contract or services provided
<b>On what basis?</b>
our legitimate interest consisting in the processing of data for the purpose indicated above (Article 6 (1) (f) of the GDPR)
<b>For how long?</b>
until the redress period expires or until we accept your objection to the processing *
<b>What happens if you do not provide your data?</b>
no possibility to determine, assert or defend claims

\* depending on whichever is applicable in that case and whichever takes place sooner.

## ANALYTICAL ACTIVITIES

As part of the Website operations, we conduct analytical activities aimed at increasing its intuitiveness and

accessibility – this takes place if your browser settings allow such activities. As part of the analysis, we will take the way you navigate the Website into consideration, for example, how much time you spend on a given webpage, or which places of the Website you click on. That way, we can customise the layout and appearance of the Website and the content we post on it to suit the needs of Users.

## DATA SAFETY

While processing your personal data, we use organisational and technical measures which comply with the relevant provisions of law, including encrypting the connection with the use of an SSL certificate.

## COOKIES

Our Website, like most Internet websites, uses the so-called cookies. These cookies:

- are stored in the memory of your device (computer, mobile phone, etc.);
- do not introduce any changes in the settings of your device.

On this Website, cookies are used for the following purposes:

- remembering your session
- collecting statistical data
- making the functions of the Website available

To learn how to manage cookies and disable them in your browser, you can use your browser's help files. You can get more information about this topic by pressing F1 while using the browser. Additionally, you can find relevant information on the following subpages, depending on the browser you use:

- [Firefox](#)
- [Chrome](#)
- [Safari](#)
- [Internet Explorer / Microsoft Edge](#)

Below you will find information about the features of the cookie files we process and their period of validity.

cookie file name	cookie validity period	cookie file function
_ga	2 years	used to distinguish users
_gid	1 day	used to distinguish users
_ga_<container-id>	2 years	used to persist session state

By using the appropriate options of your browser, you can, at any time:

- delete cookies,
- block the use of cookies in the future.

In these cases we will no longer process them.

More information on cookies is available on [Wikipedia](#).

## EXTERNAL SERVICES / DATA RECIPIENTS

We use the services of external entities which support us in running our business. We entrust them with the processing of your data – these entities process data only when instructed by us in writing.

Below, you will find a list of recipients of your data:

ACTIVITY	DATA RECEIVERS	DATA TRANSMISSION OUTSIDE THE EUROPEAN UNION
<b>every activity related to the Website</b>	hosting provider	does not take place
	entity providing us with technical/IT support	does not take place
	persons cooperating with us under civil law contracts, supporting our current operations	does not take place
<b>using the Website with settings allowing for conducting analytical activities</b>	entity allowing for conducting analytical activities on the website	yes – the USA **
<b>using free services offered on the Website</b>	accountancy office	does not take place
	provider of software facilitating business (e.g. accounting software)	does not take place
	provider of standard office software (including e-mail inboxes)	yes – the USA **
<b>contacting us (e.g. asking a question)</b>	provider of standard office software (including e-mail inboxes)	yes – the USA **

## TRANSFER OF PERSONAL DATA TO COUNTRIES OUTSIDE THE EUROPEAN UNION

\*\* For the above reasons, your personal data may also be processed by entities outside the European Union. An adequate level of protection of data processing, including through the use of appropriate security measures, is ensured by:

- the standard data protection clauses adopted by the Commission, referred to in Article 46 (2) (c) of the GDPR